



St. Christopher Parish

February 18, 2018

St. Christopher Church

Fr. Richard Kelley, Pastor

Rev. Thien Nguyen,

Vietnamese Ministry

62 Manchester St.

Nashua, New Hampshire 03064

(603) 882-0632

parish.office@stchrisparishnh.org

www.stchrisparishnh.org

St. Christopher School

Mrs. Cindy Clarke, Principal

Grades PreK - 6

20 Cushing Ave.

Nashua, New Hampshire 03064

(603) 882-7442

(603)594-9253 fax

www.stchrisschoolnh.org

Worship Schedule

Morning Prayer	7:00 AM Weekdays
Daily Mass	7:15 AM Weekdays
Saturday Vigil	4:00 PM
Sunday Mass	8:00 & 10:00 AM
Vietnamese Mass	3:00 PM Sunday
Confessions	3:00-3:30 PM Saturday
Rosary	7:00 PM Tuesday
Eucharistic Adoration	1:00-4:00 PM
	1st Friday of the Month
	September - June

Welcome New Parishioners! If you would like to register or you have changed your address, please fill out the form on page 5. Those moving from the parish are also asked to contact the rectory. Thank you!

1st Sunday of Lent

Usually, the first reading has something in common with the gospel. Today's however, has more in common with the second reading from St. Peter. They both talk about Noah and the ark, where the few good people were saved by going through the water. Peter compares that to the waters of Baptism, in which we are saved by God. He also has an interesting image of Jesus "preaching to the spirits in prison." It refers to the fallen angels whose disobedience lead the rest of the population to turn away from God. Just as God washed away the evil of the world in the waters of the flood, so the waters of Baptism made us into a new people who have clear consciences, both because God has forgiven our sins and because we promise to follow only Him.

That leads to the Gospel, where Jesus is tempted by Satan. But unlike the people of Noah's time, Jesus does not fall to the temptations. Instead, he comes out of the desert, proclaiming that the Kingdom of God is near. He tells us to repent and believe in the good news.

That means we have a choice to make: Do we accept this kingdom and repent, or do we ignore our baptism and do what we want? We may say that we are willing to repent, but do we do anything about it? Do we still have a clear conscience when we think of how much time we spend getting to know Jesus? Ever pray or read the bible outside of church? Do we spend near as much on the poor, as we do for movies, hobbies, video games, or drinks? Do we ever tell anyone about the kingdom and what Jesus has done for us?

Next time you see a rainbow, think about the covenant that God made with Noah. Just as God's promises get better and better till the coming of Jesus, we are challenged to be more and more like Him. Are you satisfied with just a promise that God won't destroy us all in a flood? Or are you ready to live the New Covenant that Jesus promises to those who will follow him?

Tom Schmidt, Copyright (c) J. S. Paluch Co.

Our Parish Prayer

Heavenly Father, we pray for all of the people and programs of St. Christopher Parish. Unite us as a community of believers and grant us the wisdom, grace, and strength to do your will. We ask this through Christ Our Lord. AMEN.

Our Mission

We are a Roman Catholic parish whose members live and proclaim the saving message of Jesus Christ.

Our Vision

St. Christopher Church serves as a spiritual home where all are welcome to share in its ongoing commitment to providing opportunities for

- Worship through the celebration of the Sacraments,
- Service through active and compassionate participation in the community,
- Education in God's Word and the Catholic faith, and
- Fellowship through parish events that nurture and support family life.

Mass Intentions

Saturday, February 17

4:00 PM For Parish Intentions

Sunday, February 18

8:00 AM Roger L. Fortin, 12th Ann.
by His Wife, Bernadette,
and Family
10:00 AM Julia Howell
by John & Alana Kocsis
3:00 PM Vietnamese Mass

Monday, February 19

7:15 AM Marion Moran
by Hugh & Anne Moran

Tuesday, February 20

7:15 AM For Parish Intentions

Wednesday, February 21

7:15 AM Robert Dupuis
by Creating for Our
Community

Thursday, February 22

7:15 AM For Parish Intentions

Friday, February 23

7:15 AM For Parish Intentions

Saturday, February 24

4:00 PM Steven Coll, 3rd Anniv.
by Aunt Faith

Sunday, February 25

8:00 AM Robert Dupuis
by Maurice & Michelle
Levesque
10:00 AM Thomas Phinney
by His Wife, Rachel
3:00 PM Vietnamese Mass

The Sanctuary Lamp Burns This Week:

For Parish Intentions

Altar Bread and Wine:

The Altar Bread and Wine, which will become the Body and Blood of Our Lord Jesus Christ at all Masses during February, will be offered for Parish Intentions.

Arrangements can be made to donate the monthly Altar bread and wine in honor of a loved one by contacting the rectory at 882-0632 during business hours. Mass intentions can also be scheduled by calling the rectory.



RITE OF ELECTION -- This Sunday, February 18th, RCIA candidates from all over the state will gather at Saint Joseph Cathedral for the Rite of Election. These people will publically declare that they are serious in their search and that they want to enter into full membership into the Catholic Church at the Easter Vigil. Bishop Libasci, speaking in the name of the church, accepts their decision and promises to do everything possible to assist them. It is a very moving ceremony and I am looking forward to being with our RCIA candidates and the team here at the parish who are doing such an outstanding job in preparing our candidates.

This year we have four RCIA candidates: Sarah Merrigan, David Jones, Nathan Pasquale, and Nicholas Pasquale. Our prayers and support go out to them and we are looking forward to their coming into full membership into the church at the Easter Vigil.

PRAYER FOR PRIESTS - During the holy season of Lent, we are asked to pray for many intentions. One of the many intentions that we should pray for are for the priests who faithfully serve us. During the next few weeks, it would be good to pray this prayer and I ask that you do so:

"O Jesus, I pray for Your faithful and fervent priests; for Your unfaithful and tepid priests; for Your priests laboring at home or abroad in distant mission fields; for your tempted priests; for Your lonely and desolate priests; for Your young priests; for Your dying priests; for the souls of Your priests in purgatory.

But above all I recommend to You the priests dearest to me; the priest who baptized me; the priests who absolved me from my sins; the priests at whose Masses I assisted and who gave me Your Body and Blood in Holy Communion; the priests who taught and instructed me; all the priests to whom I am indebted in any other way.

O Jesus, keep them close to Your heart, and bless them abundantly in time and in eternity, Amen".

VOLUNTEERS NEEDED - One of our many Lenten activities here at the parish are the Friday evening Fish Dinners. These dinners sponsored and conducted by the Knights of Columbus have been a part of our Lenten season for many years. In addition to serving delicious meals, they are a means for people to get out and socialize which they may not do if it were not for these meals.

Several of our regular volunteers are sick with medical issues which means that we need several people to 'come to the plate' and help out. Anyone interested in volunteering are asked to contact Don Sherwood at 324-9899, or e-mail him at donald.j.sherwood@gmail.com.

PASTORAL COUNCIL - will meet on Tuesday evening, February 20th at 6:30 PM in the Pennell Center.

FINANCE COMMITTEE - will meet on Wednesday evening, February 21 at 7:00 PM in the rectory.

Mass & Men's Breakfast to Celebrate Feast of St. Joseph

Bishop Libasci invites men of the Diocese of Manchester to Holy Mass and breakfast at St. Joseph Cathedral, Manchester, to celebrate the Feast of St. Joseph, patron of our diocese on Saturday, March 17, 2018. Each year Catholic men from around New Hampshire gather together for the annual Men of St. Joseph Mass and breakfast and to celebrate the Feast of our Patron, Saint Joseph. The morning schedule is:

7:30 AM - Rosary

8:00 AM - Mass

9:00 AM - Breakfast and Fellowship

9:30 AM - Keynote

For more information or to register, visit catholicnh.org/community/lay-groups/men/



KofC Lenten Friday Fish Dinners

Knights of Columbus Council 11907 will be serving Baked Fish Dinners on the first six Fridays in Lent: Feb. 16, 23, March 2, 9, 16 and 23. The dinners will be served from 4:30 to 6:30 PM in the Church Hall. The menu includes a generous portion of baked haddock, baked potato, vegetable, coleslaw, rolls, beverage and selections from our famous home cooked dessert table. Cost is \$12. Pizza slices are available \$2.00. Take-out orders can be placed by calling 603-717-4980. If schools are closed due to inclement weather, the Fish Dinner is also cancelled. Stations of the Cross and Confessions are held in the church following the dinners.

Catholic Daughters of the Americas Raffle Winners

The Catholic Daughters of the Americas held their raffle drawing in December 2017 and we sincerely thank all who helped its success or participated in anyway.

The following were winners: 1) Breakfast Wake-up – Francois Carrier; 2) Movie Nite – Ava Dumont; 3) Refreshing Spa – Pierrette Levesque

God Bless to all from Court Bishop Malloy #1441

Private Tours at St. Chris School

St. Christopher School is accepting applications for the 2017-2018 school year and invites families to visit the school for a private tour! Parents of PreKindergarten to grade 6 students will appreciate the emphasis on outstanding academics built on a strong Catholic moral and spiritual foundation. Classrooms and school facilities are light and bright and feature the latest in educational technology. Service and extracurricular opportunities are an integral part of a St. Chris education and parents (and grandparents!) are always welcome. To set up a tour, contact Jackie Langenfeld at 603-882-7442, ext. 114 or email her at jlangenfeld@StChrisSchoolNH.org.

Diocesan Resources for Lent

Lent is our time of preparation. During these 40 days, we ponder what it means to “give up, take up and lift up.” Using the spiritual practices of prayer, fasting and almsgiving, we deepen our relationship with Christ and discern where God is working in our lives.

The Diocese of Manchester has prepared numerous resources to aid the faithful in their Lenten journey, including audio Stations of the Cross, information on making a good Confession, Sunday reflections, and the Pope’s Lenten message. Visit online at catholicnh.org/worship-and-sacraments/faith/liturgical-calendar/lent/

This Week’s Parish Activities

Friday, February 16, 2018

7:15 am Morning Mass
KofC Fish Dinners 4:30 pm - 6:30 pm
Stations of the Cross @2:10pm
Stations of the Cross followed by
Confessions @7:00pm

Saturday, February 17, 2018

Confessions @3:00pm
Vigil Mass @4:00pm

Sunday, February 18, 2018

Sunday Mass @8:00am
Sunday Mass @10:00am
Youth Choir Practice @11:10am
Vietnamese Mass @3:00pm
Youth Group Meeting @6:00pm
St. Vincent de Paul Society Monthly
Meeting @7:00pm

Monday, February 19, 2018

7:15 am Morning Mass
Parish Office Closed
Canceled Senior Yoga @7:00am

Tuesday, February 20, 2018

7:15 am Morning Mass
Rosary @7:00pm

Wednesday, February 21, 2018

7:15 am Morning Mass
Adult Choir Practice @7:00pm

Thursday, February 22, 2018

7:15 am Morning Mass
Boy Scout #773 @7:00pm

Friday, February 23, 2018

7:15 am Morning Mass
Stations of the Cross @2:10pm
KofC Fish Dinners 4:30 pm - 6:30 pm
Stations of the Cross followed by
Confessions @7:00pm

Saturday, February 24, 2018

Confessions @3:00pm
Vigil Mass @4:00pm

Sunday, February 25, 2018

Sunday Mass @8:00am
Sunday Mass @10:00am
Youth Choir Practice @11:10am
Vietnamese Mass @3:00pm
Youth Group Meeting @6:00pm

We’re Here for YOU at St. Christopher Parish!

Rectory Hours:

Monday - Friday 9:00-3:00

Rectory Phone:

882-0632

Email:

parish.office@stchrisparishnh.org

Parish Life - Linda Sanborn

lsanborn@stchrisparishnh.org

Bookkeeper - Jean Dickson

bookkeeper@stchrisparishnh.org

Director of Music & Organist -

Carol Ann Skabo

music@stchrisparishnh.org

Religious Educ. - Christine Mercurio

cmercurio@stchrisparishnh.org

Confirmation - Deacon Jim Daly

deaconjim@stchrisparishnh.org

RCIA - Joe Mercurio

rcia@stchrisparishnh.org

Youth Ministry - Emily Murphy

youthministry@stchrisparishnh.org

Parish Council - Elizabeth Cote

ecote@stchrisparishnh.org

Finance Committee -- Tom Nardone

tnardone.work@gmail.com

Bulletin - Marta Nissen

bulletin@stchrisparishnh.org

Bulletin submissions are due one week before publication.



Like St. Chris Parish on Facebook!



Join our Parish Email List!



February 11, 2018 Offertory

Offertory Envelopes	\$3,143.50
Loose Offertory	\$509.10
Children's Offertory	\$1.00
Faith Direct	\$1,183.50
Total	\$4,837.10

Under Budget \$1,262.00

Seminarian Fund	\$50.00
(total to date \$2,261.00)	
Catholic Education	\$345.00
(total to date \$1,533.87)	
Snow Removal	\$390.00
(total to date \$862.00)	
Fuel Collection	\$135.00
(total to date \$3,417.00)	
Aid to Churches in Eur/Afr	\$91.00
(total to date \$126.00)	

**Thank you
for supporting
your Spiritual Home!**



Nashua's Diocesan Catholic Schools

www.NashuaDiocesanSchools.org

St. Christopher School
Grades Pre-Kindergarten - 6
882-7442
www.stchrisschoolnh.org

Infant Jesus School
Grades Pre-Kindergarten - 6
889-2649
www.ijsschool.org

Nashua Catholic Regional
Junior High School
Grades 7 & 8
882-7011
www.ncrjhs.org

Religious Education News

Sunday Morning Class 8:30-9:45 AM

February 18 - Regular class
February 25 - No Class - Feb. Vacation
March 4 - No Class - Feb. Vacation

Monday Evening Jr High Class 6:30-7:45 PM

February 19 - Regular class
February 26 - No Class -- Feb. Vacation
March 5 - Regular Class

First Eucharist Class

February 18 - No Class - Presidents Day
February 25 - No Class - Feb. vacation
March 4 - No Class -- February Vacation-
students should be working on Chapter 2
and completing their banners

Restored Order Confirmation Pre-Registration Is Open!

Grades 7, 8, 9 (FALL 2018)

This September, parish families with students entering grades 7 through grade 9 will register and attend Confirmation classes. We are currently assembling a list of these students...if your child will be entering grades 7, 8, or 9 this Fall, please email cmercurio@stchrisparishnh.org with your family name, email contact information, child's name and date of birth and their grade as of September 2018.

Please contact Christine Mercurio cmercurio@stchrisparishnh.org, Fr. Kelley fr.kelley@stchrisparishnh.org, or Deacon Jim Daly deaconjim@stchrisparishnh.org with any additional questions.

Corpus Christi Corner

Corpus Christi Food Pantry is open at our new location and is ready to serve you. Our new address is 3 Crown St. Church donation totals for the months of December and January are 294.3 pounds. We are grateful for the continued support of St Christopher parishioners.

Suggested food donations for the month of February are: Canned carrots, hot chocolate mix, small jars of coffee, spam, tomato paste, Pasta or rice sides, and chowder or creamed soups. There are baskets located at each of the church entrances for your donations.

Mass Intentions

Parishioners may request memorial masses for loved ones, as well as sponsoring the Sanctuary Lamp for a week, by contacting the rectory at 882-0632, Monday through Friday from 9:00 AM to 3:00 PM. Suggested donation is \$10 and mass cards are available. Arrangements can also be made to donate the Altar bread and wine for a month by contacting the rectory during business hours. Reservations for 2018 are being accepted.

Youth Group News

Movie Night: Come join us for a movie night! We'll be watching and discussing *Over the Hedge*, a romp through suburbia where a raccoon learns the true meaning of family. Pizza and popcorn will be provided. See you in the Pennell Center on Sunday from 5:00-8:00 PM. For questions, email Emily Murphy at youthministry@stchrisparishnh.org.

Hip-Hop Music Event - Jacob DeRusha, an awarded hip-hop artist and motivational speaker, is coming to share his faith journey with the St. Chris Youth Group. You're invited to come hear his music, his testimony, and get dancing! Pizza will be provided. See you in the church hall on Saturday, March 3rd from 5:00-6:30 PM. For questions, email Emily Murphy at youthministry@stchrisparishnh.org.

Low Gluten Hosts Available

Low gluten hosts are available at any mass for those who cannot eat wheat. To receive a low gluten host during communion, please arrive at least 10 minutes before Mass, come to the Sacristy and tell Fr. Kelley of your need for the low gluten host.

St. Christopher Online Giving

Winter weather is here and that means ice and snow may make it difficult for some people to get to church. Unfortunately, parish bills keep growing during the winter, including increased heating costs and snow removal expenses. You can make sure your parish support doesn't stop just when we need it the most. Check out our simple, safe and secure online giving program at www.StChrisParishNH.org. We are most grateful to all those who make every effort to give consistently whether electronically or through the weekly offering basket. It really helps us plan and meet our budget!

LENT

Lenten Regulations

Abstinence - Catholics over 14 years of age are bound to the obligation of abstinence. Abstinence is to be observed on Ash Wednesday and on all Fridays of Lent. On days of abstinence, meat may not be used.

Fast -- Catholics over 18 and up to the beginning of their 60th year are bound to the obligation of fasting. Ash Wednesday and Good Friday are the days of fasting. On these days, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed.

Participation in daily Mass and the voluntary observance of fasting is recommended.

Commendable, particularly during Lent, is generosity to local, national and world programs of sharing our abundance, the traditional Lenten Devotions and all the self-denial summed up in the Christian concept of "mortification."



From the Families of Nazareth

Spending Time in the Desert During Lent

"The desert is not a dwelling place; it is only a path, a road on which one comes to know the merciful love of God."

Tadeusz Dajczer, *The Gift of Faith*, 3rd. ed. (Ft. Collins, CO: IAMF, 2012), 145.

Join our regular Thursday night schedule of meetings at 94 Walden Pond Dr., Nashua to pray and share together our experiences of God's love, and support our responses to that. We begin at 7:00 PM, and look forward to seeing as many of you who are able to attend.

Yoga for Seniors

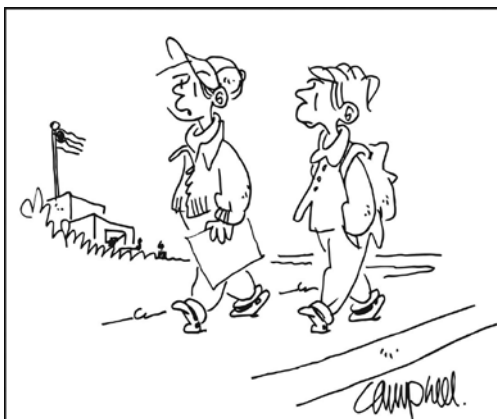
The Yoga for Seniors class is on hiatus. Please check the bulletin or the parish website for updates to schedule

Upcoming class schedule:

February 26 – NO CLASS

Support for Separated & Divorced

Divorce and separation can be painful experiences. Support groups are available to those who are seeking healing, comfort, and empowerment. Visit www.catholicnh.org/support for a listing of groups. Do you know someone who is going through a separation or divorce? Please consider passing this information along to them.



"I made a New Year's resolution to eat broccoli. If I can't stand it, I'll give it up for Lent."



*Lord, hold our troops in your loving hands.
Protect them as they protect us.
Bless them and their families,
For the selfless acts they perform,
For us in our time of need.
And give us peace.
We ask this in the name of Jesus,
Our Lord and Savior. Amen.*

Please pray for the following service people from our parish:

Children of William & Yvette Berthelotte:

Maj. Brian Berthelotte (Army);
Maj. Mark Berthelotte (Air Force);
LCDR Brad Berthelotte (Navy)

Grandson of William & Yvette Berthelotte:

PFC Matthew Berthelotte
(Marine)

Son of John & Alana Kocsis:
Sgt. John Kocsis III (Army)

Son of Joseph & Sue Strob:
Maj. Rob Strob

Grandsons of Pat & Kaye Heffernan:

Sgt. Eamonn Garber (USMC)
LCPL Nicholas Garber (USMC)

Son of David & Patricia Taylor:
SFC James Taylor (Army)

Grandson of Lorraine St. Pierre
PFC Alexander St. Pierre (Army)

Sons of Laurie Allard and
Grandsons of Madeleine Kopka:
AT2 Michael Allard (Navy)
AME2 Joseph Allard (Navy)

Daughter of John Soltis:
Lt.Col. Kristen Soltis (USAF)

Son-in-law of John Soltis:
Lt.Co.I James Habeck(USAF)

Grandchildren of Dan & Sue Tracy:
2Lt Brittany DesLauriers (Army)
PV2 Gavin Tracy (US Army)

St. Christopher Parish Community Outreach

Parish Prayer Line
*Overwhelmed by life, by care?
May we help with our prayer?*

St. Christopher's Prayer Line --
24/7 from us to Heaven!

Call the Prayer Line
(Coordinator Maureen Brown)
882-8634

Go online to
www.stchrisparishnh.org

Send email to
prayerhotline@
stchrisparishnh.org

Prayer Shawls

Our prayer shawl ministry, Creating for our Community, gathers once a month to knit, crochet, and pray as they create beautiful prayer shawls. If you know of someone who could benefit from the gift of a Prayer Shawl, whether they are having difficult time, or simply need the comfort of Prayer wrapped around their shoulders, please contact the rectory at 882-0632.

Outreach Ministry

If you are homebound and cannot attend Mass and would like to receive communion, please call the Rectory 882-0632.

Senior Companions

Are you homebound? Would you enjoy a visit? Your parish wants to stay connected with you! If St. Christopher is your spiritual home, how about a visit from one of your fellow parishioners? To arrange a visit, please call the Rectory at 882-0632.

St. Bernadette

Bernadette Soubirous was born in Lourdes, France to Francois and Louise Casterot who were very poor. She was the oldest of six children but was frail and often sick.

On Thursday, February 11, 1859, around the time of her First Communion, Bernadette was sent with her younger sister and a friend to gather firewood. And this is the story she had to tell, which was taken from a letter she wrote:

"I had gone down one day with two other girls to the bank of the river Gave when suddenly I heard a kind of rustling sound. I turned my head toward the field by the side of the river, but the trees seemed quite still and the noise was evidently not from them.

Then I looked up and caught sight of the cave where I saw a lady wearing a lovely white dress with a bright belt. On top of each of her feet was a pale yellow rose, the same color as her rosary beads.

At this I rubbed my eyes, thinking I was seeing things, and I put my hands into the fold of my dress where my rosary was. I wanted to make the sign of the cross, but for the life of me I couldn't manage it, and my hand just fell down.

Then the lady made the sign of the cross herself, and at the second attempt I managed to do the same, though my hands were trembling. Then I began to say the rosary while the lady let her beads clip through her fingers, without moving her lips. When I stopped saying the Hail Mary, she immediately vanished."

The beautiful lady who appeared to Bernadette above a rosebush in the grotto of Massabielle was God's Mother, the Blessed Virgin Mary. She appeared to Bernadette eighteen times and spoke with her. She told Bernadette that she should pray for sinners and do penance.

The Lady also told her to have a chapel built there in her honor. Many people did not believe Bernadette when she spoke of her vision. She had to suffer very much. But one day Our Lady told Bernadette to dig in the mud. As she did, a spring of water began to flow. The next day it continued to grow larger and larger. Many miracles happened when people began to use this water.

When Bernadette was older, she became a sister. She was always very humble and did not want to be praised. She did not want to receive special treatment just because she had actually seen the Blessed Virgin.

Although her own health was poor, she helped care for the sick and elderly sisters. She died in 1879 at the age of thirty-six. Her last words were: "Holy Mary, pray for me, a poor sinner."

February 18
(died 1879)

Welcome!

St. Christopher Parish welcomes all visitors to our Spiritual Home! If you are interested in joining the parish, please complete the form below and either drop it in the Offertory Basket or mail it to the Rectory. One of our Parish staff members will be in touch. Registration forms are also available online at www.StChrisParishNH.org.

Name _____

Phone _____

Address _____

Email _____





Family Connection to this Week's Gospel

Gospel Reading: Mark 1:12-15

Jesus is tempted in the desert by Satan.

The announcement that Jesus makes as he begins his preaching in today's Gospel is recalled on Ash Wednesday at the signing with ashes: "Repent and believe in the gospel." This is our challenge for Lent; indeed, it is the challenge of our entire life. During Lent, we are invited to strengthen and to renew the promises that we made at our Baptism, to reject Satan and sin so as to live as children of God. Through the grace of God that we received at Baptism, we follow the promptings of the Holy Spirit and know that with Jesus' help, we will be victorious over sin.

As you gather as a family, talk about the importance of Baptism. At our Baptism, our sins were forgiven, and we promised to live as children of God. As part of the Rite of Baptism, we rejected sin and Satan. Read today's Gospel, Mark 1:12-15. During Lent, we renew the promises of our Baptism, turning again from sin and promising to follow God. Light a candle, perhaps a candle used at one of your family member's Baptisms, and pray together the Act of Contrition.

Reprinted from <http://www.loyolapress.com>

About Our Catholic Faith:

Effective Ways to Evangelize as a Catholic

Receive the Gospel of Christ, whose herald you have become. Believe what you read, teach what you believe, and practice what you teach.

- 30) Dress appropriately, and with dignity. As a Christian, you represent Christ, not the culture.
- 31) Walk with people in their sufferings.
- 32) Use a window/bumper sticker to promote the faith.
- 35) Stand against moral degeneration in our nation.
- 36) Call evil by name. "Be not afraid" is mentioned 153 times in the Bible in one expression or another. It is the most mentioned phrase in the Bible.
- 37) Make time for others. Be accessible to them.
- 38) Send cards to the sick and bereaved.
- 39) Say less. Think before you make a quip. Does it glorify God?
- 40) Wear a good Catholic/ Christian T-shirt.
- 41) Take someone to see a movie or rent a video or participate in cultural or artistic activities that have healthy spiritual overtones.

Stay tuned for more next week!

Reprinted from <http://salinadiocese.org/new-evangelization>

Prayer to Saint Michael

With so many challenges confronting us these days, we need help and strength to meet them head on. Please join us in praying daily that through the intercession of Saint Michael, we will remain faithful and strong in the Lord's service and in defending the Truth which resides in the Church!

St. Michael the Archangel defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, thrust into hell, Satan and all the evil spirits who prowl around the world seeking the ruin of souls. Amen.



Prayer for Vocations

O Holy Spirit, Spirit of wisdom and divine love, impart Your knowledge, understanding, and counsel to youth that they may know the vocation wherein they can best serve God. Give them courage and strength to follow God's holy will. Guide their uncertain steps, strengthen their resolutions, shield their chastity, fashion their minds, conquer their hearts, and lead them to the vineyards where they will labor in God's holy service. Amen.

In the Words of
Pope Francis

"To serve human life is to serve God and life at every stage: from the womb of the mother, to the suffering and sickness of old age."

**Pope Francis I @ Pontifex
February 11, 2018**